

Breakfast

Pancakes

Classic Pancake – AED 35.00

- Simply classic says it all, fluffy American pancake, light yet fulfilling and satisfying. We use clean ingredients, nothing too fancy. This meal is definitely on high carb, providing you with amazing energy and it is easy on the digestion.

Gluten free – Nut Free

Blueberry Pancake – AED 39.00

- Yummy tangy feel, this fluffy American Blueberry pancake is pumped up with antioxidant which adds an oomph to it, we love adding some high nutrients ingredients into our meals and this is a perfect example. This meal is high in carbs, satisfying, keeps you going without a crash.

Gluten free – Nut Free

Chocolate chip Pancake – AED 38.00

- To all chocolate lovers, this fluffy American Chocolate pancake is simply delightful, hits that sweet tooth without it being too much. This meal is high in carb, satisfying, and helps curb that sweet tooth.

Gluten free – Nut Free

Banana Pancake – AED 38.00

Sweet creamy mix, this fluffy American Banana pancake is vamped up with extra creamy bananas. Gluten free – Nut Free

Homemade Cereal – AED 31.00

Love Potion of mixed seeds, nuts, and oats, filled with flavor and texture. Overing your muscle recovery, growth all while sustaining your energy and keeping you feeling balanced.

Gluten free – Contains Nut

**Flavors:*

- Chocolate Banana
- Vanilla Blueberry kiwi Coconut flacks

**Options:*

- Yogurt - Homemade
- Nondairy milk

**Add-ons:*

- Peanut butter
- Almond butter
- Maple syrup
- Extra Banana
- Extra Berries
- Extra Cereal

Overnight Protein Oat Glory

- Oats a complex carb that give your body a slow steady energy due to its high fiber content. It contains a powerful soluble fiber called Beta – Glucan, which helps clean out the gut as well as helps us feel full longer.

Ok enough education now let's get into the deliciousness, its full of crunchy and different texture to keep your mouth guessing. Filled with different flavors. Its delicious.

Gluten free – Depending on the flavor it might contain nuts.

*Flavors:

- Peanut butter and Jelly Medium - AED 36.00
- Chocolate chip Banana Medium – AED 37.00
- Mango Coconut Medium – AED 37.00

Gluten free – Contains Nuts

Over Night Chia pudding

- Filled with so many health benefits, excellent source of omegas, protein, and fiber. A balanced meal filled with so many nutrients that will keep you going all while feeling satisfied. Well of course we are as continues of flavor and satisfaction, whether you're young or older this will satisfy all ages from how delicious and comforting it is.

Gluten free – Depending on the flavor it might contain nuts.

*Flavors:

- Peanut butter and Jelly Medium – AED 36.00
- Chocolate chip Banana Medium – AED 37.00
- Mango Coconut Medium – AED 37.00

Gluten free, Contains Nuts

Smoothie Bowls

Perfect for breakfast or lunch and amazing pre and post working 😊

Berry Acai Smoothie – AED 39.00

Acai, Berry base with mixed seeds, we add in vegan protein powder to for it to be a well-balanced oatmeal. Topped with our home-made granolas, peanut butter and fresh berries. (This meal is filled with vitamins, protein, fiber, and fats. Making it an amazing well-rounded meal option as well as helping you stay fuller for longer)

Gluten free – It contains nuts though we can personalize it for you.

Green Smoothie – AED 37.00

Banana base mixed in with a little spinach, don't fear, we promise you won't realize, mixed in with Chia seeds and green natural vibrant powder. Topped with our home-made granolas, almond butter and bananas. (Sneaking in greens is always a good option to add minerals to your meal, this specifically adds iron, and from the banana you get your magnesium, you have your protein, fats, carbs and fiber) Gluten free – It contains nuts though we can personalize it for you.

Chocolate Biscuit Smoothie – AED 38.00

Homemade Chocolate Biscuit Smoothie Moose, we use WS Homemade yogurt, we mix in flaxseed and vegan protein powder, finishing it off with our home-made granolas, peanut butter, crumbled biscuits and cocoa nibs. (A mood lifter, and energy booster, filled with all your macros protein, carb and fats. Keeping you satisfied for longer). Gluten free – It contains nuts though we can personalize it for you.

Appetizers

Cold Appetizers:

Dips:

Hummus Dip – AED 30.00

- Creamy silky texture, topped with Sumac and Cumin for that extra kick. Served with homemade crackers and pitta homemade bread and Arabic bread. Gluten free – Crackers contains nuts

Beetroot Hummus Dip – AED 32.00

- A more texturized dip, slightly sweet from the beets. Though still savory from the Hummus, topped with pomegranate molasses and rock salt to give it that extra crunch. Served with homemade crackers and pitta homemade bread and Arabic bread (Contains gluten) Gluten free – Crackers contains nuts

Spinach Dip – AED 30.00

- Silky creamy tofu cream mixed with spinach and artichoke. You might not be sure, though rest assure it is delicious as much as it is healthy.
Served with homemade crackers and pitta homemade bread and Arabic bread (Contains gluten)
Gluten free – Crackers contains nuts

Guacamole – AED 35.00

- Avocado with slices of tomatoes, red onion, cilantro and of course lemon for the tangy flavor.
Served with homemade crackers and pitta homemade bread and Arabic bread (Contains gluten)
Gluten free – Crackers contains nuts

Crunch:

Taco's – AED 35.00

- 2 Pieces
BBQ infused Jackfruit, Avocado, diced Sweet Mangos, Onions. You will NOT believe it's Jackfruit! In one bite your taste buds will explode. **Gluten free contains nuts, nut free option available.**

Classic Not So Classic:

Cheese Platter – AED 60.00

- Lebna balls and creamy lebna dip, truffle Goat cheese, Burrata pesto with Tomatoes, Rose merry Feta, Smoky Cheddar. Along with walnuts, olives, grapes and dried apricot and homemade Pita bread and Arabic bread (**Contains gluten**) **Gluten free Available.**

Hot Appetizers:

Popeye Spinach Quiche – AED 33.00

- Fluffy covered puff pastry stuffed with spinach and tofu (*Vitamin K, A, C and Manganese. Rich in protein and iron. Good for bone support and growth, supports kidney function while helping reduce cholesterol*). **Nut free - Contains gluten**

Cherry Tomato Flat bread – AED 34.00

- Crispy and fluffy puff pastry topped with cherry tomatoes and sprinkled with parmesan cheese (diary free cheese). (*High beta - carotene, amazing for skin and hair. Contains a small amount of highly fats that helps control insulin spike. It may contain more carbohydrate than any item, though it has its health benefits as well*). **Contains nuts - Contains gluten**

Cauliflower BBQ – AED 35.00

- Enriched with a Smoky Herb, drizzled in Tahini Sauce and BBQ sauce. Topped with Parsley and coriander, and progenerate. (Cruciferous naturally high in fiber and B-vitamins. The Sauce has antibacterial qualities due *to its healthy fats and antioxidant components*). **Gluten free – Contain nuts.**

You Guack – AED 46.00

- Sweet Potato stuffed with mixed beans, and topped with Guacamole and lovely pieces of crispy mushrooms topped with tahini sauce and you can add our home-made spice sauce. It comes with a side of Mushroom sauce. **Gluten free – Contain nuts.**

Chicken Strips – 39.00

- A bite takes you away fill of crunch and texture, soy meat base infused in herbs and spice. **Contains Gluten and nuts**

Sides:

- Mushroom Sautee (**Gluten free and nut free**) – AED 19.00
- Asparagus Sautee (**Gluten free, contains nuts**) – AED 18.00
- Spinach Sautee (**Gluten free and nut free**) – AED 16.00
- Grilled Carrots and Zucchini (**Gluten free and nut free**) – AED 16.00
- Steamed Vegetables (Zucchini, carrots, potatoes, green peas, cauliflower, broccoli) – 17.00
- Green Leafy Greens (**Gluten free and nut free**) – AED 19.00
- Cole slow (**Gluten free and contains nuts**) – AED 19.00
- Chips (**Gluten free and nut free**) – AED 21.00
- Regular Frenchie's (**Gluten free and nut free**) – AED 22.00
- Sweet Potato Frenchie's (**Gluten free and nut free**) – AED 25.00
- Regular Baked Potato (**Gluten free and nut free**) – AED 22.00
- Sweet Baked Potato (**Gluten free and nut free**) – AED 25.00
- Potato Wedges (**Gluten free and nut free**) – AED 22.00
- Corn on the Cub (**Gluten free and nut free**)

Salads and Soups:

My love Avocado Salad – AED 40.00

- A fan of many – Avocadoes – rich in many ways and thus loved by many. We mix it up with green leaf's, cucumber, cherry tomatoes, Olives, nuts, and seeds, to boost the nutritional value. (*Full of nutrients, high in fat, omegas which are amazing for the heart, skin, and hair. It is anti-inflammatory filled with protein and vitamins*) **(Gluten free and Contains nuts)**

Wǒ ài nǐ Quinoa Salad – AED 44.00

- Green base, finely chopped mangoes and avocados drizzled in Citrus, refreshing, crunchy light salad. *(High in protein and healthy fats, filled with magnesium and iron. Boost immunity and clears the skin. The combination allows you to absorb the nutrients)* **(Gluten free and nut free)**

Mahal Ko Chicken lettuce wrap – AED 42.00

- Lettuce wraps, mixed with some ratatouille and our star chicken Jackfruit and Oyster Mushrooms, infused with spices and herbs to add nutrient density and health benefits. Topped with Mangos tomato Salsa to give it a refreshing feel. *(High fiber, antioxidant, iron, phosphorus, helps with increasing immunity).* **(Gluten free and nut free)**

Tee Rak Thai crunchy salad – AED 40.00

- Crunchy texture from our white and purple cabbage, infused in our Ginger, Tamari and Peanut sauce. *(Contains Folic acid which helps the body form red blood cells. High in Vitamin C and A. May also help with muscle soreness. Anti-inflammatory properties)* **(Gluten free and Contains nuts)**

Mon Amour Tuna Cole Slow Salad – AED 42.00

- Chickpea base, infused in spices, herbs and seaweed to give this dish an ocean aroma. Algae adds the extra health benefits and anti-inflammatory component. Embedded in green leaf's, and Cole slow, and boiled mini potatoes, Topped with mayo, mustard, lemon and algae creamy sauce. *(High protein and fiber, an adequate amount of fats, it is a well-rounded meal, containing carbs, fat and protein).* **(Gluten free and Contains nuts)**

Mi Amor Mexican Salad – AED 44.00

- Bean and vegetable base, filled with a bunch of spices to add a punch to the flavor, it is mixed with our homemade cucumber yogurt for a cooling feel to the spicy mix. A few of the vegetables are yellow and red bell pepper, organic yellow corn, onion, tomato, cilantro, and parsley. *(High in protein, fats, and carbs. Makes this dish just filled with nutrients and vitamins, protects the heart, help regulate cholesterol and appetite)* **(Gluten free and nut free)**

Ahibak Feta Jarjeer Salad – AED 42.00

- Fresh spinach and blanch Kale green mix, with Dates and Strawberries topped with a balsamic and pomegranate dressing, and our home-made feta cheese. *(High in, Iron, and helps with and helps digestion)* **(Gluten free and Contains nuts)**

Bamoot feek Falafel (Arab and Proud) – AED 44.00

- A well rounded and balanced option, bean base, colon friendly, filled with an abundance of flavor, it comes with Beetroot, Cauliflower rice and the sauce is a lovely tahini hummus dressing. *(High protein, and fiber, amazing for lowering cholesterol and high blood pressure.)* **(Gluten free and Contains nuts)**

Andalusia Salad Bowl –

- Layer of Couscous, crispy Cauliflower and Hummus. Topped with our homemade yogurt, cucumber, and mint sauce for a dash of freshness. Truly a winner, a salad meal filled with so much substance. Accompanied with fresh cucumber and a splash of our mint sauce and dots of our homemade spicy sauce. (Contains Gluten and Contains nuts). (Gluten free option available we replace the Couscous with brown rice)

Soup

Vegetable Soup – AED 37.00

- A new twist, delicious and satisfying, filled with minerals and vitamins. Lovely addition to a meal, helps you get that extra veggie into your daily intake and helps boost your fiber intake. (Gluten free, Nut free)

Shrooms - Mushroom Soup – AED 39.00

- Filling and satisfying, a thick cream soup texture, light on the stomach, filled with so much health from the mushroom and broccoli. *Amazing source of protein, carbs, fat, and a good amount of fiber. Fun fact, Mushroom has plenty of Selenium, copper, thiamin, magnesium, and phosphorous.* (Gluten free, Nut free)

Childhood Chicken Corn Soup – AED 38.00

- A Comfort food to many and a common soup made with a small twist a unique touch a sparkle of wabisabi. This dish comforts our soul, by the memories it brings back to us, it also *fills your body with fiber, carbs, and an adequate amount of protein and fat.* (Gluten free, Nut free)

Sandwiches baked goods:

Manousha Zataar – AED 37.00

- Homemade flat bread crunchy and light on the stomach, topped with an Arabic favorite herb Zataar mixed with Sumac and sesame seeds making it a nutrient dense food. A meth perhaps, our mothers used to say Zataar is very good for memory. *(High in carb and fiber adequate of fat, improves the immune system, boost skin health, build strong bones, increase circulation, clear out the respiratory tracts)* (Gluten free and Contains Seeds)

Manousha Zataar with Lebna – AED 39.50

- Homemade flat bread crunchy and light on the stomach, topped with an Arabic favorite Zataar mixed with WS feta cheese and topped with tomato slices, cucumber and spinach just making it more nutrient by sneaking in a little veggie in the morning. With a side of lebna spread and cucumber and mint. *(High in carb and fiber, adequate of fat, improves the immune system, boosts skin health, build strong bones, increase circulation, clear out the respiratory tracts)* (Gluten free and Contains nuts)

Manousha Cheese – AED 44.00

- Homemade flat bread Cheese and oh so delicious, our homemade burrata cheese. Hit all the right taste buds and hopefully your dopamine. With Gilled tomato, and olives paste. (Gluten free and Contains nuts)

Avocado & Tahini Flat bread – AED 34.00

- Sourdough Bread, topped with Avocado and a splash of Tahini Sauce .Satisfies your taste buds and fulfills your hunger all while sustaining your energy. Orange circle with peel (*Nutrient booster helps and increases the absorption of vitamins A, D, K and E. Amazing for your skin, hair, heart and cardiovascular system*). (Contains and nuts) (Gluten free option available)

Avocado Flat bread – AED 32.00

- Sourdough Bread, topped with avocado cream, sour guacamole mix. This mix is infused with lemon juice, tomato, red onion slices, with paprika to give it a refreshing flavor. Hot sauce splash and Lemon or lime (*High fat, fiber, with an adequate amount of carbs and protein, good for the skin, heart and overall vitality*) (Contains and nuts) (Gluten free option available and nut free option)

Iron Man & Iron Woman Flat bread – AED 32.00

- Sourdough Bread, topped with a layer beetroot Hummus, sounds like a simple dish though we assure you it is addictive. We add Sumac, giving it a sour taste, and cherry tomato on top to give it an acidic pinch and finally asparagus to just take the dish to another level. Asparagus with pesto sauce (*High in Iron, potassium, helps with muscle power and exercise stamina. Also High in fiber and helps digestion*). (Contains and nuts) (Gluten free option available)

Summer Cucumber – AED 33.00

- Sourdough Bread, topped with a layer our homemade feta cheese and kimchi Cucumber sandwich. Basically, a cucumber cheese sandwich with WS twist, a familiar meal that has been revamped into a balanced meal. Accommodated with Radish and cucumber kimchi. (Contains gluten and contains nuts) (Gluten free option available)

Mushroom Heaven – AED 36.00

- Sourdough Bread, topped with a layer of hummus, greens, avocado, topped with Umami mushrooms. Extreme satisfaction filled with so many nutrients. Some people say a mushroom a day keeps the doctor away. (Contains gluten and contains nuts) (Gluten free & Nut free option available) Slices of Avocado

Wannabe Philly Chicken Panini Sandwich – AED 49.00

- Homemade gluten free Panini bread, soy meat base, high protein Chicken strips marinated with yogurt and bbq sauce, accommodate with yellow and red bell pepper and herbs and spicy. The flavor is out of the world, your mouth will salivate from how much the smell alone will make you go crazy, don't miss out. **(Gluten free and nut free)**

Feta Apple Panini Sandwich – AED 45.00

- Homemade gluten free Panini bread, Feta base complemented with pesto sauce and Hummus mixed with beets, and crunchy apples, this dish is full of color, flavor and different texture. Accompanies with a splash of beetroot hummus, feta crumble and slices of beetroot. Contains carbs, fat and protein all inclusive, helps fight inflammation, support brain health and digestion **(Gluten free and Contains nuts)**

Grilled Vegetable Pesto Panini sandwich – AED 40.00

- Homemade gluten free Panini bread, mixed in with grilled vegetables pumpkin, red and yellow bell pepper, zucchini mixed in our light yet so delicious pesto sauce and Hummus spread, offering additional nutrients. Accompanies with a splash of hummus, pumpkin eggplant frittata topped with pistachio flacks. **(Gluten free and Contains nuts)**

Al Neil colon Friendly Falafel Wrap - AED 39.00

- Homemade gluten free Burrito bread, colon friendly Falafel balls, imbedded in hummus tahini sauce, along with some raw veggies, filled with an abundance of flavor. Accompanied with shredded carrots and beets, and a couple of chips. High *protein, and fiber, amazing for lowering cholesterol and high blood pressure.* **(Gluten free and Contains nuts).**

Truffle G.O.A.T Burrata cheese “Aka greatest of all time” Panini – AED 44.00

- Homemade grilled G.O.A.T burrata Cheese, topped with Rocca green leaf and truffle oil, if you are a burrata fan and love that creaminess this is a must. **(Gluten free and Contains nuts).**

Al Mexicanos Burrito – AED 44.00

- Homemade gluten free Burrito bread stuffed in mixed bean infused in a bunch of spices to add a punch to the flavor, it is mixed with our homemade cucumber yogurt for a cooling feel to the spicy mix. Accompanied with a splash of salsa, melted homemade cheese, and guacamole. *(High protein, fat and carbs makes this dish just filled with nutrients and vitamins, protects the heart, help regulate cholesterol and appetite)* **(Gluten free and nut free).**

Andalusia Burrito – AED 44.00

- Homemade gluten free Burrito bread, stuffed with a layer of Couscous, crispy Cauliflower and Hummus. Topped with our homemade yogurt, cucumber, and mint sauce for a dash of freshness. Truly a winner, if you don't enjoy a salad why not enjoy your salad Burrito Style. Accompanied with fresh cucumber and a splash of our mint sauce and dots of our homemade spicy sauce. (Contains Gluten and Contains nuts). (Gluten free option available we replace the Couscous with brown rice)

Wannabe Broasted Chicken Bun Sandwich – AED 46.00

- Soy meat base, high protein Chicken, fried into a crispy Chicken file, served with homemade bbq and mayo sauce. Topped with cole slow, just bursting with flavors, textures, and infusions. This is for all our lovely customers that kept on coming and asking, we finally made it for you all. Accommodated corn salad (Contains gluten, nut free) (Gluten free option available)

Shawarma – AED 39.00

- The bread, a fine Saj bread, stuffed with our homemade chicken “jackfruit”, comes along with potatoes, pickles, tomatoes, and lettuce keeping it simple. The sauce is what makes it epic, homemade garlic vegan mayo sauce “Tofu based” or Tahini, served with a side of chips. *A little of everything, a splash of carbs, fiber, fats and protein. For all our garlic lovers, this is a must, FYI the garlic isn't too strong if you want an extra kick please ask your waiter.* (Contains gluten & nuts)

Burgers:

WS Caramelized Burger – AED 53.00

- Brown rice patties topped with Caramelized Onion. Deliciously sweet yet savory dish for those who like their burgers on the sweet side! *(Contains a combination of protein and fiber. Along with vitamin B and selenium and antioxidant component. Boosts immunity and prevents damage to cells and tissues.)* (Contains gluten, nut) (Gluten & nut free option available)

The ATM Burger – AED 49.00

- Brown rice, mushroom patties topped with Fresh Onion, Tomatoes, Pickles and Jalapenos topped with WS cheesy sauce. Deliciously savory, combined with that spicy, salty, pungent tingly flavor. *(Contain carbs, protein and fiber. Along with vitamin B and selenium and antioxidant component and boosts immunity).* (Contains gluten, nut free) (Gluten free option available)

MR. President Burger – AED 53.00

- Let's first start with the elephant, it is fired straight up, well it is also delicious and the oil does not steam into the Pattie, it gives it this gluten free breaded crunch. The Pattie is tempeh based, high in protein for all our protein lovers. It is topped with mashed avocado oh oh oh, and comes without vegan homemade mayo. Honestly it is just delicious, *high in protein, fats and carbs, gives this blend the full flavor experience.* (Contains gluten, nut free) (Gluten free and nut free option available)

Pizzas:

The Supreme – AED 49.00

- Mushroom Rucola and baby spinach pizza with chili sauce and parmesan. (Gluten free, contains nuts) (Nut free option available)

Dominique – AED 51.00

- Vegetarian Pizza, topped with our homemade vegan sausage and chili sauce (Gluten free, contains nuts)

Mamma Mia – AED 52.00

- For the love of cheese, filled with creamy cheesy homemade fetta, cheddar and parmesan. (Gluten free, contains nuts)

Truffles – AED 55.00

- Fungi is the new boujee, shrooms are one incredible food group, potent and rich in flavor and has distinct smell. It is imbedded with our homemade four cheese flavor. (Gluten free, contains nuts)

Burrata – AED 51.00

- Your craving is going to be fulfilled, Tomato Pomodoro pesto spread, topped with WS version of Homemade Burrata. (Gluten free, contains nuts)

Pasta's:

Lady and the Tramp Spaghetti – AED 50.00

- Cherry tomato spaghetti accompanied with oat balls infused with beans and tomatoes. Feel free to ask for more sauce if needed. *Contains Protein, Fiber, and Carbs. Allowing you to stay satisfied for a longer time, no spike in blood pressure. It also contains Antioxidant component which in returns protects your body.* (Contains Gluten & Nuts) (Gluten and nut free option available)

Cream Mushroom Spaghetti – AED 53.00

- Cream white sauce base, mixed in with Miso Shitaki Mushrooms, adding an umami flavor that is grounding and filling. *(High in fat and antioxidants that protect your body from free radical damage and chronic disease).* (Contains Gluten & Nuts) (Gluten free option available)

Mac and Cheese – AED 45.00

- Mac & Cheese is self-explanatory, with a Dairy Free Twist. A must try! Childhood memory with a side of healthiness. *(Fiber-rich, along with Vitamin K1, potassium and antioxidants. It also provides iron, magnesium, zinc, copper.)* (Gluten Free,, contains Nuts) (Nut free option available)

Pesto Pasta – AED 47.00

- Light yet so delicious Pesto sauce Pasta. You get your Greens Parsley, Pine nuts, Lemon, Nutritional Yeast. *(Fiber-rich, along with healthy fat)* **(Gluten free, contains Nuts)**

Veggie Lasagna – AED 54.00

- Zucchini, Pumpkin, Eggplants and WS Plant-Based Cheese. Coated in Tomato Sauce mixed with walnuts and mushrooms. Our plant-based cheese is creamy yet cheesy giving you that lasagna satisfaction. *(High in fiber and good amount of fat and protein. Easy to digest and filled with nutrients.)* **(Gluten free, contains nuts)**

Pasta Lasagna – AED 58.00

- Gluten free Pasta, stuffed with Zucchini, Pumpkin, Eggplants and WS Plant-Based Cheese. Coated in Tomato sauce mixed with walnuts and mushrooms to give it that extra crunch. Our plant-based cheese is creamy yet cheesy giving you that lasagna satisfaction. *(High in fiber and good amount of fat and protein and easy to digest and filled with nutrients.)* **(Contains Gluten & Nuts)**

Main Course:

Curry Lentil – AED 47.00

- Curry Lentil Stew infused in Turmeric, Herbs and Spices. Combined with Broccoli, Carrots, Spinach and Brown Rice. *(High in protein, fiber, iron, magnesium, vitamin B6 and helps lower cholesterol and blood pressure. Amazing for digestion)* **(Gluten & Nuts free)**

Kubbah Bil Laban – AED 51.00

- Kubbah made of Bulgur and Potatoes, cooked Onions minced in Herbs. Topped with Plant Creamy Yogurt and Lemon. Served with Cauliflower Rice. These soft yet crunchy bowls have that creamy yet bitter tongue twist. Feel free to ask for more sauce if needed. *(Contains healthy fats, a small amount of protein and a balanced amount of carbs, including vitamins, minerals, and fiber).* **(Contains Gluten & Nuts)**

Wannabe Beef Teriyaki – AED 49.00

- Soy bean beef teriyaki accommodated with fried vegetable rice and sauerkraut cabbage. It is a wonderful meal full of flavor and texture. *(High protein, healthy fats, and a balanced amount of carbs).* **(Contains Gluten & Nuts)**

Tuffle Wannabe Chicken tenderloin – AED 52.00

- Soy bean marinated in pesto and truffle sauce, imbedded in grilled vegetables, carrots, zucchini, potatoes, asparagus, and tomatoes. A wonderful delightful and surprising dish. (Contains Gluten & Nuts)

Desserts:

Cakes:

Mama B Orange Cake – AED 32.00

- This Orange Cake, has a richness is flavor from all the different aromas we play with, zesty, sweet, tangy taste, refreshing and will awakens your palate. (Gluten & nuts free)

Summer Lemon Breeze Cake – AED 32.00

- Two-layer Lemon sponge cake, topped with a zesty lemon homemade cream, light and fluffy. (Gluten & nuts free)

The Not for Sharing Chocolate Cake – AED 36.00

- Classic but not so classic chocolate cake, topped with our rich delicious chocolate sauce. You guessed it! This is our signature Chocolate cake. *(Fun fact this was our first cake attempt 5 to 6 years prior to opening this dream of ours. It took us more than months of no sleep waking up at 4am with an idea and hoping it can work)* (Gluten & nuts free)

The Ganache Double Chocolate Cake – AED 38.00

- Double layer rich Chocolate flavor Cake, if you are a sweet tooth or have a chocolate craving this is you hack, reminding you of your childhood B-Day cake. You won't crave the whole cake, one to two slices just hit the spot. (Gluten & nuts free)

Pre-Tan Carrot Cake – AED 32.00

- Depth in flavor, our double layer carrot cake, has a middle and top layer of frosting for the rich carrot cake glory. You feel the kick from spices of mix of ginger, cinnamon and nut meg. We add texture with our crunchy walnuts. If you are a fan of carrot cake like me, have a go you won't regret it. (Gluten free, contains Nuts)

Madeleine – AED 36.00

- Small sponge cakes with a distinctive shell-like shape, covered in one side with chocolate and different toppings for decoration. (Gluten free, contains Nuts) (You can ask for nut free)

Chocolate Molten Cake – AED 36.00

- A combination of chocolate cake and a soufflé. Double the fun, double the texture, double the richness double everything. This chocolate cake is light, yet extremely satisfying, rich in flavor and a little hidden salty kick, to allow your palates to experience the chocolate flavor in an enriched manner

Chocolate Tarte – AE 19.00

- Thin and light crust, topped with rich chocolate cream, full of flavor and yet so light. This tarte will make you feel oh so happy, its light, yet a sweet tooth satisfier. (Gluten & nuts free)

Cream Tarte – AED 19.00

- Thin and light crust, this is for all our non-chocolate lovers, it is topped with our homemade creamy custard, with a little twist of tag (Gluten & nuts free)

Cookies:

Sea Salt Chocolate Cookie (Gluten Free Option Available) – AED 18.00

- That perfect combination between sweet and salty, enriched with so much flavor and that chewy texture, addictive I must admit.

Festive Chocolate Cookie (Gluten free) – AED 18.00

- Classic chocolate cookie, Chew and crispy.

Voila Chocolate Chip Cookie (Gluten free) – AED 18.00

- Oh may may this took us forever to achieve, chewy, crunchy slightly. The flavor is on point and yes yes yes amazing texture. We are excited as you probably can see. Just bite into it and you'll understand why we are over the moon.

Peanut Butter Cookie (Gluten Free Option Available) – AED 18.00

- For the love of peanut butter, we combine the best of both world, cookies and peanut butter. I'm just going to stop there. Mic drops.

Brownies:

Chocolate Brownie – AED 18.00

Chocolate, gooey, chew, hits the spot, fast and easily, with a shot of coffee not words can describe. No matter how big is your frown this will help flip it up. (Gluten & nuts free)

Muffins:

La Diva Blueberry Muffin – AED 22.00

- Light on the stomach, satisfying on the belly, a favorite of one of our fathers. This is just a light yet satisfying muffin, won't make you hungry after 30 mins to an hour, you'll be happy and satisfied. (Gluten &nuts free)

Drinks:

Water

- Sparkling big
- Sparkling small
- Still big
- Still small
- Coconut water

Soft Drinks

- Green Cola – AED 11.00
- Green Orange Cola – AED 11.00
- Green Lemon Cola – AED 11.00

Mocktails - Blended

- Fresh Lemonade and Mint – AED 22.00
- Fresh Strawberry – AED 19.00
- Fresh Raspberry and Blueberry Mint – AED 19.00

Mojitos – crushed

- Orange, lime and lemon juice, mint, sparkling water agave – AED 26.00
- Raspberries – AED 22.00
- Blueberry – AED 22.00

Juices

- Go to Green (Spinach, cucumber, ginger, lemon, pineapple, basil) – AED 26.00
- Orange Sunrise (Orange bell pepper, orange, pineapple and carrots) – AED 23.00
- Little Green (Green apple, kiwi and celery) – AED 23.00

Smoothies

- **Fairytale** – AED 29.00

Rich pink vibrating color, from the Berries and Banana, we spice it with a splash of Coconut Milk and Chia Seeds (A pink hue of antioxidant, as well as high potassium, high fiber, helps in digestion with a splash of healthy fats and high in omegas)

- **Pina Colada** – AED 30.00

Puerto Rico vibes, Coconut tropical drink, a blend of coconut milk and coconut cream combined with pineapple served with crushed ice and squeezed with a hint of lemon juice (Rich in Vitamin C, Vitamin E and many other vitamins. It provides enzymes that can ease digestion, amazing for immunity)

- **The Hulk** – AED 29.00

This one right here, makes you feel like a hulk, the secret in this is the pinch of basil that lift the game, aroma, and experience of this drink. Coconut Milk, Pineapple, Banana, Basil Leaves & Vanilla. *(Boost immunity suppresses inflammation. Helps with a speedy recovery after a surgery and speedy recovery for those who just had a hard-core gym day)*

- **Nutrition Bomb** – AED 28.00

Let's be real this might not be for everyone, though for those who like to get their vegetables in as a smoothie this is the bomb. Cauliflower, Beetroot, Kale, Spinach, Mango and Ginger, slightly sweet, slightly bitter tag, if you are someone that like to give things a try, hopefully you won't regret it. *(High in fiber, vitamin C, K, B, and many more, this smoothie boosts the cardiovascular system, strengthens bones, prevents cancer, heart diseases, and gastrointestinal disease)*

- **Avocado Allure** – AED 28.00

Again, one for our Keto lovers, Avocado, Tahini, Cacao Powder and Chocolate Protein. Chocolatey, creamy and filled with Antioxidants. *(Healthy fat and protein boost, High in omegas, potassium, fiber, helps lower cholesterol, and is fantastic for skin and hair, Good for digestion, and strengthens your central nervous system)*

Milkshakes

- Peanut butter Milkshake (banana, peanut butter, your choice of milk) – AED 27.00
- Acai Milkshake (Acai, blueberries, vegan homemade yogurt, little cocoa nibs, and whipped cream) – AED 28.00
- Chocolate Biscuit Milkshake (Chocolate homemade biscuit, our homemade chocolate sauce and vegan homemade yogurt, and whipped cream) – AED 28.00

Add-ons

- Chocolate protein powder – AED 4.00
- Vanilla protein powder – AED 2.0
- Flaxseeds – AED 2.0
- Chia Seeds – AED 2.0

Other Hot drinks we know you will love

- Hot Matcha Late – AED 30.00
- Hot Cocoa, aka Hot Chocolate Milk – AED 30.00
- Hot Turmeric aka Golden Late – AED 25.00

Cold Coffee

- Cold Brew
- Cold Brew Latte
- Cold Brew Chia Latte Frappe
- Iced Americano
- Breaking Trends Frappe

Other Cold drinks we know you will love

- Cold Matcha – AED 30.00
- Cold Matcha Frappe – AED 30.00
- Cold Matcha Chia Frappe – AED 35.00
- Cold Chocolate Milk
- Cold Turmeric – Golden milk
- Cold Golden Milk frappe
- Cold Golden Milk Chia Frappe